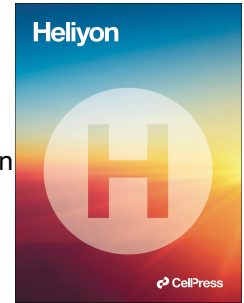


# Journal Pre-proof

Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

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## INTERVIEW

- 14 communes
- 35 persons

## RESULTS

- 470 recipes
- 1777 URs
- 83 plants

# MAYOTTE

# COSMETOPOEIA

1 **Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in**  
2 **Mayotte**

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## 20 Abstract

21 Mayotte is located in the Indian Ocean and is home to more than five languages,  
22 cultures and lifestyles. However, due to rapid urbanization, this traditional knowledge is at  
23 risk of extinction. Moreover, ethnobotanical studies on the pharmacopoeia and cosmetopoeia  
24 in Mayotte are almost nonexistent. This study was carried out to document the traditional  
25 knowledge of Mayotte's cosmetopoeia. The main objective of this study was to document the  
26 diversity of cosmetic plants used by the Mahoran community. We conducted field surveys  
27 from 2021 to 2022 in 14 communes of "Grande Terre", the largest of the two islands from  
28 Mayotte. A total of 35 experts (*fundis*) were interviewed in this study. Individual interviews  
29 with Mahoran informants using open questions were conducted, and voucher specimens  
30 were collected for each plant species cited. A total of 470 cosmetic formulations, representing  
31 a total of 1777 URs, were recorded. Each formulation contains 1 to 13 ingredients, with a  
32 predominance of single-ingredient recipes. In particular, hygiene, makeup, fragrance, hair and  
33 nails, and dermatology are the most cited cosmetic categories. A total of 83 plant species were  
34 identified and the five most cited plant species were, in decreasing order: *Cocos nucifera* (273  
35 URs), *Jasminum nummulariifolium* (191 URs), *Ocimum* spp. (120 URs), *Curcuma longa* (105  
36 URs), and *Lawsonia inermis* (101 URs). This study is one of the first to focus solely on the  
37 exploration of cosmetopoeia in Mayotte, contributing to the preservation of knowledge and  
38 the promotion of customs related to traditional cosmetics on this island. Further studies  
39 should be performed on some highly cited plant species endemic to the area (e.g., *Jasminum*  
40 *nummulariifolium*, *Pandanus maximus*) to confirm their interest for the cosmetic industry and  
41 thus contribute to the economic growth of Mahoran people.

## 42 Keywords

43 Cosmetopoeia ; Mahoran flora ; plants ; Africa ; field survey

## 44 1. Introduction

45 Mayotte is an island located at the northern entrance of the Mozambique Channel,  
46 approximately 440 km from the shores of East Africa, 200 km from Anjouan, and 300 km from  
47 the west coast of Madagascar. Geographically, it is part of the Comoros archipelago, which  
48 consists of four main islands: Grande Comore, Anjouan, Mayotte, and Mohéli [1]. Mayotte is  
49 a small volcanic archipelago spanning 374 km<sup>2</sup>, comprised of two main islands and thirteen  
50 small islets scattered within a lagoon covering more than 1,500 km<sup>2</sup> [2,3]. The main island,  
51 Grande-Terre, is rugged and steep, formed by six eroded massifs, with the highest point being  
52 Mount Benara at 660 meters above sea level [3].

53 Historically, Mayotte was initially inhabited by Bantu people originating from Africa.  
54 Later, the islands were colonized by Arabic people who introduced Swahili culture and the  
55 Muslim religion. In the 15th century, Europeans arrived, and Mayotte ultimately chose to  
56 become French after an independence vote in 1974. Since then, Mayotte is a French overseas  
57 territory. Situated at the crossroads of Bantu, Arabo-Persian, Austronesian, Indian, and  
58 Western influences, Mayotte possess a rich cultural diversity [4].

59 Within this confined insular space, two local languages prevail: Shimaoré, a Bantu  
60 language, and Kibushi, a Malagasy language. In addition to these languages, French is officially  
61 used in administration and education, while Arabic is taught in Koranic schools and madrasas.  
62 Three variants of Comorian languages contribute to the linguistic diversity of the region:  
63 Shindzuani (spoken in Anjouan), Shingazidja (spoken in Grande Comore), and Shimwali  
64 (spoken in Mohéli). Although quantitatively less represented, two other languages are also  
65 present: Hindi and Reunionese Créole.

66 Shimaoré belongs to the Bantu language family of the Comoros archipelago, within the  
67 North-East Coast group of Africa. It shares similarities with Swahili. Mayotte also has a second  
68 main language, Kibushi, which constitutes the only Malagasy variety spoken outside of  
69 Madagascar. This presence is explained by the settlement, in the 16th century, of a large  
70 number of Sakalava Malagasy in the south of Mayotte. Kibushi is spoken in about ten villages,  
71 mainly in the south and on the west coast of Mayotte [1]. The Malagasy language is  
72 represented by two distinct varieties. One is the Kibosy Kimaoré, simply meaning "Malagasy  
73 of Mayotte" (sometimes used interchangeably to refer to both varieties), and the other is the  
74 Kibosy Kiantalaotsy. It is generally asserted that Kibosy Kimaoré is closely related to Northern  
75 Madagascar varieties, while Kibosy Kiantalaotsy is very close to the Sakalava dialect spoken in  
76 Mahajanga [5]. Almost all of the inhabitants of Mayotte adhere to the Muslim faith. Sunni  
77 Islam of the Shafi'i rite is intertwined with pre-Islamic Arab animist beliefs and Bantu traditions  
78 [1].

79 Mayotte Island harbors a rich flora, encompassing 1,341 species, including 663  
80 naturally occurring, 44 cryptogenic, and 634 exotic species [2]. Among these plants, some are  
81 still used today in traditional medicine and as traditional cosmetics. The latter practice is  
82 known as "cosmetopoeia," which derives its name from the Greek verb "kosmeo" meaning "I  
83 adorn, I decorate" [6]. Cosmetopoeia involves the study of traditional uses of raw materials,  
84 such as plants or minerals, for cosmetic purposes, akin to the pharmacopoeia of medicinal  
85 plants. Traditional practices related to cosmetic plants are deeply rooted within specific  
86 communities. For example, Polynesia is renowned for its monoi, while in the Comoros, women  
87 are known for their beauty masks called "msindzano". Cosmetopoeia aims to preserve and  
88 protect the richness of this cultural heritage. Defining what falls under cosmetics is crucial.  
89 The French National Agency for the Safety of Medicine and Health Products (ANSM) defines

90 cosmetics as "substances or preparations intended to come into contact with various parts of  
91 the human body, such as the skin, hair, nails, lips, or even teeth, exclusively or mainly for the  
92 purpose of cleaning, perfuming, modifying their appearance, protecting them, keeping them  
93 in good condition, or correcting their odors." [7].

94         So far, a few research studies have been conducted on the flora of Mayotte for their  
95 cosmetic purposes. For example, various authors have focused on an emblematic plant from  
96 Mayotte: *Cananga odorata*, which is highly used in cosmetopoeia and exported as a perfume  
97 [8–11]. Regarding general studies on cosmetopoeia in Mayotte, three studies have already  
98 been published. In the first study, a total of 69 plant species have been described, including  
99 50 used for cosmetic purposes, with insights gathered from 29 participants, mainly from the  
100 north and center of Mayotte [11]. In the second study, 19 plants have been documented for  
101 cosmetic purposes [12]. In the third one, 15 plants have been documented for cosmetic  
102 purposes [13].

103         Given the richness of Mayotte's cosmetopoeia and the limited research conducted,  
104 particularly in the south of the island, we have decided to conduct a survey to inventory the  
105 knowledge of Mahoran people regarding the use of traditional cosmetics. Our main research  
106 questions include: What are the main plant species used in Mahoran cosmetopoeia? What are  
107 the main cosmetic uses reported? Are these plant species little known around the world for  
108 their cosmetic uses and could therefore be economically valued by the local population?

## 109 2. Materials and Methods

### 110 2.1. Study Area

111 Mayotte is one of the islands comprising the Comoros archipelago, located in the  
112 northern part of the Mozambique Channel in the Indian Ocean. The entire archipelago covers  
113 an area of 2,034 km<sup>2</sup> and consists of four islands: Anjouan, Mohéli, and Grande Comore  
114 (Ngazidja), which form the Union of the Comoros, and Mayotte, which is a French department.  
115 Mayotte itself comprises Grande-Terre, with an area of 355 km<sup>2</sup>, Petite Terre, spanning 12  
116 km<sup>2</sup>, and 13 islets. The population is estimated to be 310,000 inhabitants.

117 Due to its geographical location and nature, Mayotte experiences a tropical humid  
118 climate with two distinct seasons: dry and wet. These conditions significantly influence the  
119 vegetation, which can be categorized into five main types: sub-montane forest, hygrophilous  
120 vegetation, mesophilic vegetation, semi-xerophilous vegetation, and coastal and marine  
121 vegetation [14].

122 The survey was conducted on Grande-Terre, which comprises 16 municipalities. Of  
123 these, 14 were explored: Kani-Kéli, Bouéni, Bandrélé, Chirongui, Dembéni, Ouangani, Chiconi,  
124 Sada, M'tsangamouji, M'tsamoro, Acoua, Bandraboua, Mamoudzou, and Koungou (**Figure**  
125 **1**).

### 126 2.2. Data Collection

127 The study was conducted between April and June 2021 and July to September 2022.  
128 Interviews were conducted in various languages, namely French, Shimaore, and Kibushi,  
129 depending on the preferences of each interviewer. The first author conducted these  
130 interviews with the assistance of a key translator.

131 The first part of the study involved interviewing individuals known through word of  
132 mouth. Subsequently, several villages were visited, with the goal of inquiring about the  
133 presence of knowledgeable individuals, referred to as *fundi* or people known for using plants  
134 in cosmetics. The term *fundi*, whose primary meaning is that of a Koranic schoolmaster, is  
135 extended to refer to a scholar or expert in a particular field [15]. They are recognized as  
136 experts in their respective fields and hold a high social status in the Mahoran community,  
137 commanding great respect. Some *fundi* specialize in traditional medicine, enabling them to  
138 treat ailments of religious, spiritual, or physical origin. Additionally, individuals who are known  
139 as defenders and transmitters of ancestral knowledge on the island are also classified as *fundi*.  
140 The data were collected using a semi-structured questionnaire that included open-ended  
141 questions. The questionnaire was organized into the following sections:

- 142 • Sociodemographic data: Age, gender, place of residence, occupation, and religion.
- 143 • General information about their knowledge of plants: Source and origin of knowledge.
- 144 • Information on traditional cosmetic recipes used for different targets: phanera (e.g.,  
145 nails, hair), body, and face. The questions centered around the plants and their usage  
146 for each target to determine if they were used for care, hygiene, makeup, protection,  
147 or beautification. For each cited recipe, data on ingredients used (e.g., vernacular  
148 name of plant species), part of ingredients, associated cosmetic claims, preparation  
149 method, administration method, and usage precautions were collected.

- 150 • Other questions focused on plants used for medicinal purposes, which could be  
151 extrapolated into cosmetics, such as treating issues like heat rashes, toothaches, skin  
152 blemishes, and so forth.

### 153 2.3. Botanical Identification

154 Plants mentioned by participants were collected in triplicate and stored in the  
155 herbarium at the Rural Excellence Pole (PER) in Coconi village. The validation of their scientific  
156 names was conducted with the assistance of the second author of this article, a botanist and  
157 one of the specialists of Mayotte's flora.

158 All plant names have been verified and updated according to international and local  
159 databases, such as Plants of the World Online. (<https://powo.science.kew.org/>), and the  
160 World Flora Online (<https://www.worldfloraonline.org/>).

### 161 2.4. Ethics

162 Adopted in October 2010, the Nagoya Protocol to the Convention on Biological  
163 Diversity, an international biodiversity agreement, came into effect on October 12, 2014. It  
164 primarily addresses access to genetic resources and traditional knowledge associated with  
165 genetic resources and the fair and equitable sharing of benefits arising from their utilization  
166 (ABS) while establishing an international legal framework. In France, the Nagoya Protocol does  
167 not require declarations for access to traditional knowledge on French territory (except for  
168 French Guiana and Wallis and Futuna) [16]. The project was explained to each participant,  
169 detailing its objectives and the significance of collecting data on traditional knowledge. Prior  
170 informed consent was obtained from each participant before each interview. It is noteworthy  
171 that this study is directly related to the Rural Excellence Pole of Coconi, specifically the  
172 Integrated Innovation Pole of Mayotte (PI<sup>2</sup>M). Its objective is to actively support innovation  
173 and sustainable development in Mayotte, particularly through the "Green" aspect, which  
174 focuses on the economic and sustainable valorization of the terrestrial resources of Mayotte,  
175 with a particular focus on aromatic perfumes and medicinal plants (APMP).

### 176 2.5. Data Analysis

177 A database containing all the information gathered during field surveys (recipes,  
178 plants, scientific names, common and vernacular names, cosmetic use, claims, and plant parts  
179 used) was compiled in an Excel spreadsheet. Before conducting the analysis, standardization  
180 was carried out in terms of claims and plant parts. For example, phrases like "apply to the  
181 body," "apply to the skin," or "apply on the skin" were standardized as "apply to the body."

182 The use report, or UR, can be described as an informant (i) mentioning the use of a  
183 species (s) for the preparation of a recipe (r). In this study, we followed the following method  
184 to convert the data into use reports. If species 'A' was recommended for cosmetic claim 'x,' it  
185 was considered as one UR. If species 'A' was recommended for cosmetic claims 'x' and 'y,' then  
186 it was considered as two reports, that is, two URs. If a mixture of species 'A' and 'B' was used  
187 for cosmetic claim 'x,' it was considered as two URs (i.e., species 'A' for cosmetic claim 'x' and  
188 species 'B' for cosmetic claim 'x'). If a mixture of species 'A' and 'B' was used for cosmetic  
189 claims 'x' and 'y,' it was considered as four (2×2) URs. In this way, all the data were converted  
190 into URs [17].

191           The most cited plants were searched in terms of their chemical composition and  
192 biological activity using various databases such as Pubmed, Bibtex CNRS, Web of Science, and  
193 Google Scholar.

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## 194 3. Results

### 195 3.1. Socio-demographic data and classification of healers

196 A total of 35 participants were interviewed (**Table 1**), among which 13 were  
197 interviewed in the northern part of the island. Specifically, one person was interviewed in  
198 Acoua, one in Bandraboua, two in Koungou, four in Mamoudzou, three in Mtsamboro, one in  
199 Mtsangamouji, and one in Tsingoni. In the central area, nine individuals were questioned,  
200 distributed between two in Chiconi, two in Dembéni, two in Ouangani, and three in Sada.  
201 Finally, in the southern region, 19 individuals were interviewed, including two in Bandrélé,  
202 four in Bouéni, two in Chirongui, and five in Kani-Kéli. A total of 18 females and 17 males were  
203 interviewed. All them were muslims, and most of them did not have any occupation.

### 204 3.2. Cosmetics recipes and uses

205 The 35 interviews yielded a total of 470 recipes, representing 704 citations. This  
206 study focuses on cosmetic uses and their associated claims. However, some mentioned plants  
207 are more commonly used for medicinal purposes and have been included in cases where their  
208 use is topical (e.g., for toothaches or mouthcare). Conversely, all other plants exclusively used  
209 for medicinal purposes and requiring ingestion have been excluded from the study.

210 The number of ingredients per recipe varies from 1 to 13. Among all the listed  
211 recipes, 293 are composed of only one ingredient, 108 have two ingredients, 41 have three  
212 ingredients, nine have four ingredients, eight have five ingredients, one has six ingredients,  
213 two have seven ingredients, four have eight ingredients, two have ten ingredients, one has  
214 twelve ingredients, and one has thirteen ingredients.

215 All the cosmetic claims have been classified into five groups based on Ansel et al.'s  
216 classification [6]. These five groups are as follows:

- 217 • First group claim: Dermatology. It includes all cosmetic uses with a medicinal  
218 aspect.
- 219 • Second group claim: Action on epidermis. It includes all cosmetic recipes that  
220 affect the outmost layer of the skin (care, maintenance and regeneration).
- 221 • Third group claim: Skin pigmentation. It includes all cosmetic recipes acting on  
222 skin color and skin marks.
- 223 • Fourth group claim: Hair and nails. It includes all cosmetic recipes dedicated to  
224 the care, coloration and maintenance of hair and nails.
- 225 • Fifth group claim: Hygiene, makeup, perfume. It includes all cosmetic recipes  
226 used for hygiene, look and appearance.

227 We have made some modifications to the original classification. Deodorant and  
228 antiperspirant, initially classified in the first group, have been moved to the fifth group. Based  
229 on the identified recipes, we conducted a preliminary classification of cosmetic claims,  
230 resulting in 25 claims for group 1 (90 citations), 13 claims for group 2 (112 citations), 10 claims  
231 for group 3 (33 citations), 25 claims for group 4 (103 citations), and 26 claims for group 5 (367  
232 citations). (**Table 2**).

233 In the first category (dermatology), the anti-pimple properties is the most cited  
234 cosmetic claim with 46 citations, followed by dermatoses with six citations, pimples, and  
235 patches with five citations, and healing wounds and injuries with four citations (**Figure 2A**). In

236 the second category (action on epidermis), four claims predominate, listed in descending  
 237 order: moisturizes skin/body with 31 citations, smoothens skin/body with 18 citations, anti-  
 238 aging with 16 citations, and nourishes skin/body with 14 citations (**Figure 2B**). Within the third  
 239 category, the top four claims, in descending order, are: shining effect with 13 citations,  
 240 brightens complexions and colors the lips with 4 citations, and anti-spots with 3 citations  
 241 (**Figure 2C**). In the fourth category, the four most frequently cited claims, in descending order,  
 242 are: nourishes the hair with 23 citations, shampoo/hair soap with 15 citations, activates hair  
 243 growth with 14 citations, and detangles the hair with 8 citations (**Figure 2D**). Lastly, within the  
 244 fifth category, the five most cited claims, in descending order, are: embellishes with 119  
 245 citations, perfumes with 105 citations, cleans with 34 citations, deodorizes with 21 citations,  
 246 and facial beauty with 14 citations (**Figure 2E**).

247 In Mahoran cosmetopoeia, a multitude of ingredients are used to make the cosmetic  
 248 products. Among the liquids, Pompeia<sup>®</sup>, a scented lotion, is the most represented with 8  
 249 citations, followed by rose water (6 citations), petroleum (3 citations), *ranou laka* (water from  
 250 the boat) (1 citation), Rêve d'or<sup>®</sup>, another scented lotion (1 citation), and sea water (1  
 251 citation). Mixed vegetal substances include *gwéna* (23 citations), *zoukouba* (9 citations), *manu*  
 252 *kantru* (5 citations), Marseille's soap (4 citations), and *oubani* (1 citation) (see below for more  
 253 details). Ingredients of animal origin are exemplified by the presence of beeswax (18  
 254 citations), and honey (2 citations). Finally, mineral compounds include white clay (5 citations),  
 255 salt (3 citations), charcoal (2 citations), red clay (2 citations), *vatou mogné* (natural pumice) (2  
 256 citations), and violet clay (1 citation).

### 257 3.3. Description of typical Mahoran cosmetic recipes

#### 258 3.3.1. *Zoukouba*

259 *Zoukouba* refers to a blend of fragrant plants. The plants used are dried either in the  
 260 shade or in the sun. Subsequently, they are pounded in a large mortar, known as *shino* in  
 261 Shimaoré, until the desired consistency is achieved. Finally, the mixture is placed in pots  
 262 (**Figure 3A**). It is utilized in the production of *matcha manu kantru* (**Figure 3B,C**) or can be  
 263 incorporated when creating beauty masks, such as the *msindzano* (**Figure 3D,E**), for scented  
 264 products, for instance.

#### 265 3.3.2. *Matcha manu kantru*

266 *Matcha manu kantru* derives from the Anjouanese language, where *matcha* signifies  
 267 "oil", and *manu kantru* from Anjouanese origin means "it smells good" or "fragrant". The  
 268 preparation consists of using coconut milk extracted from *Cocos nucifera*. The coconut milk is  
 269 cooked until it transforms into oil. Subsequently, a scented lotion named Pompeia<sup>®</sup> or Rêve  
 270 d'or<sup>®</sup> is added, along with a mixture of dried aromatic plants which is left to macerate. Among  
 271 these plants are rhizomes of *Chrysopogon zizanioides*, flowers of *Plumeria alba*, *Jasminum*  
 272 *nummulariifolium* flowers, *Pandanus maximus* flowers, *Rosa alba* flowers, *Vachellia*  
 273 *farnesiana* flowers, leaves and inflorescences of *Ocimum* sp., leaves of *Pogostemon cablin*,  
 274 and flowers of *Cananga odorata*. The resulting preparation is then bottled and used as a  
 275 fragrance at weddings. Alternatively, it can be directly applied as a macerated scent.

276 3.3.3. *Msindzano*

277 *Msindzano* refers to a beauty mask, typically crafted from various wooden rods  
 278 scraped on dead coral stone with a small amount of water until a smooth paste is achieved.  
 279 This paste is then applied to the face as anti-pimple care, for sun protection, or ornamental  
 280 use. Among the woods recognized for making these masks are *Santalina madagascariensis*  
 281 Baill., *Radamaea montana* Benth., the "Ka" (a piece of wood of unknown origin) (**Figure 3D.b.**)  
 282 and *Carissa spinarum*. Additionally, plants like *Curcuma longa* are used to add color and  
 283 promote a tanned complexion. Masks can also be made from *Persea americana* seeds for  
 284 hydrating and nourishing the face. Some plant, such as *Pityrogramma calomelanos*, are used  
 285 for patternmaking by directly applying the leaf's side with the bloom to the face, serving as a  
 286 base for patterns. Kaolin is another substance used for pattern creation. These last two  
 287 substances can be used independently or in combination with *msindzano*. It's worth noting  
 288 that the wooden rods used in crafting these masks present a challenge, particularly in  
 289 determining their geographical origins, which are uncertain and may be traced back to either  
 290 Africa or Madagascar.

291 3.3.4. *Gwéna*

292 *Gwéna* is a black pencil used for the eyes, prepared by igniting a locally known incense  
 293 resin charcoal, called *oubani*, then covering it with a bowl to capture the resulting smoke. The  
 294 particles are collected on the bowl, forming a black layer. This layer is scraped off and placed  
 295 in a mini bottle with cotton or in a handmade package filled with cotton. A piece of iron is  
 296 included in the bottle to pick up the powder, which is then applied to the eyes (**Figure 3F**). In  
 297 addition to its beautifying effect on the eyes, *gwéna* is applied when eyes are sore and is also  
 298 used to ward off the evil eye, which is why it is often applied to the faces of newborns.

## 299 3.4. Plants used as cosmetics in Mayotte

300 A total of 83 plant species were identified, belonging to 46 botanical families,  
 301 representing a total of 1777 URs (**Table 3 & Suppl. Mat. Table 1**). The ten most cited plant  
 302 species were, in decreasing order: *Cocos nucifera* (273 URs), *Jasminum nummulariifolium* (191  
 303 URs), *Ocimum* spp. (120 URs), *Curcuma longa* (114 URs), *Lawsonia inermis* (108 URs), *Cananga*  
 304 *odorata* (75 URs), *Pandanus maximus* (69 URs), *Rosa alba* (69 URs), *Vachelia farnesiana* (72  
 305 URs), and *Citrus* sp. (65 URs) (**Figure 4**). Among the most frequently cited botanical families,  
 306 we found *Arecaceae* (273 URs), followed by *Oleaceae* (191 URs), *Lamiaceae* (120 URs),  
 307 *Zingiberaceae* (109 URs), *Lythraceae* (102 UR), *Annonaceae* (75 URs), and *Fabaceae* (81 URs).  
 308 In terms of number of species in each family, *Fabaceae* family ranks first (7 species), followed  
 309 by *Convolvulaceae* and *Lamiaceae* (6 species each), *Euphorbiaceae*, *Malvaceae*, and *Rutaceae*  
 310 (4 species each), and *Apocynaceae*, *Asteraceae*, *Lauraceae*, *Solanaceae* and *Zingiberaceae* (3  
 311 species each). In some of the most represented botanical families in terms of URs, only one  
 312 species is represented. This is the case for the *Arecaceae* family, for which the sole genus and  
 313 species is *Cocos nucifera*; the *Oleaceae* family represented by *Jasminum nummulariifolium*;  
 314 the *Lythraceae* family with *Lawsonia inermis*, and the *Annonaceae* family with *Cananga*  
 315 *odorata*. It is noteworthy that the top 11 families collectively contribute to nearly 86% of all  
 316 citations, with the three primary families accounting for 41% (**Figure 5**). Notably, half of these  
 317 families have citations exceeding 100, while the other half falls below that threshold.

318           Regarding the most cited plant species for each of the six most reported cosmetic use,  
319 *Guettarda speciosa* rank first (5 informants) followed by *Persea americana* (4 informants) and  
320 *Sapindus saponaria* (4 informants) for reducing pimples. For moisturizing the skin, *Cocos*  
321 *nucifera* rank first (17 informants) followed by *Curcuma longa* (6 informants), *Chrysopogon*  
322 *zizanioides* (4 informants), *Jasminum nummulariaefolium* (4 informants) and *Ocimum* sp. (4  
323 informants). For adding shine to the skin, *Cocos nucifera* rank first (5 informants) followed by  
324 *Curcuma longa* (3 informants). For nourishing the hair, *Cocos nucifera* rank first (14  
325 informants) followed by *Ceiba pentandra* (2 informants) and *Ipomoea obscura* (2 participants).  
326 For beautifying, *Jasminum nummulariaefolium* rank first (19 informants) followed by *Lawsonia*  
327 *inermis* (16 informants) and *Cananga odorata* (14 informants). For perfuming, *Cananga*  
328 *odorata* rank first (16 informants) followed by *Jasminum nummulariaefolium* (14 informants)  
329 and *Ocimum* sp. (14 informants).

330           In our study, four plant parts are widely used: flowers with 32% of citations, fruit with  
331 20% of citations, leaves with 15% of citations, and leaves and inflorescences with 8% of  
332 citations (**Figure 6**). The primary mode of administration is generally cutaneous, except for  
333 oral hygiene applications such as mouthwash, as well as the use of hairpins and necklaces.

334           Out of the 83 plant species recorded, five (i.e., *Commiphora arafy*, *Gambeya*  
335 *boiviniana*, *Ixora cremixora*, *Jasminum nummulariifolium*, *Kedrostis elongata*) are endemic to  
336 Comoros islands and Madagascar; and two plant species are endemic to Comoros islands only  
337 (i.e., *Croton mayottae*, *Pandanus maximus*).

338

### 339           3.5. Toxicity reported by informants

340           In our study, some plants have been reported to be toxic by the informants. The first  
341 one, *Youngia japonica*, was cited to cause burns and itching. Therefore, the informants  
342 recommend to test it on a small patch of skin before properly using it. Additionally, it may be  
343 botanically confused with another plant species namely *Launaea intybacea* (Jacq.) Beauverd,  
344 which is also consumed and used in traditional medicine. Also, *Mimosa pudica* and *Sapindus*  
345 *saponaria* have been cited as toxic because they both induce itching on the skin, with a more  
346 pronounced effect for *S. saponaria*.

## 347 4. Discussion

348 This study describes the cosmetic flora of Mayotte along with its uses. To the best of  
349 our knowledge, this field survey, focusing on traditional cosmetic products, is the second  
350 conducted in Mayotte, but it is the only one to solely focus on Mahoran cosmetopoeia. The  
351 other study was conducted by Saive in the Comoros, specifically in Mayotte [23]. In  
352 comparison to Saive's study, ours covered the entire mainland with slightly more respondents  
353 in the southern part of the island. Saive documented 34 plants used in cosmetics, while our  
354 study identified 83 plants. Our literature analysis reveals an almost nonexistent dedicated  
355 study on cosmetopoeia at the regional level.

356 Overall, this article presents the findings of a study based on 35 interviews, resulting  
357 in a list of 470 recipes that highlight the cosmetic use of plants, along with their associated  
358 claims. The number of ingredients per recipe ranges from 1 to 13, with a prevalence of mono-  
359 ingredient recipes. Out of the five cosmetics categories, hygiene, make-up, perfume, along  
360 with hair and nails, and dermatology were the most represented ones. The analysis of  
361 cosmetic claims reveals significant trends, emphasizing properties such as hydration and skin  
362 radiance as the most cited ones. As in sub-Saharan Africa, Mahoran people use skin  
363 depigmentation products to make skin lighter. Our study revealed that very few plants are  
364 used to achieve a fair and bronzed complexion. However, numerous claims revolve around  
365 the first, fourth, and fifth groups, namely dermatology, hair, and appendages, as well as  
366 toiletries.

367 Here, we will briefly delve into each of the most cited plant species and families,  
368 outlining their geographical distribution, botanical characteristics, ethnobotanical uses  
369 (especially as cosmetics), biological properties associated with their cosmetic uses, chemical  
370 composition, and toxicology (if available).

### 371 4.1. *Cocos nucifera*

#### 372 4.1.1. Geographical distribution, botanical characteristics

373 The coconut is believed to originate from the Indo-Malayan region, from where it  
374 spread across tropical regions. While its original habitat was limited to sandy coastlines, it has  
375 since adapted to various types of soil, ranging from pure sand to clays. Despite its non-  
376 invasiveness, the coconut's spread has mainly been facilitated by human migration,  
377 particularly beyond its native coastal habitats. There are various varieties of *C. nucifera*,  
378 distinguished by factors such as fruit size or pericarp color [18–21].

379 *C. nucifera*, commonly known as coconut, typically consists of three distinct layers: the  
380 epicarp or exocarp, which is the outermost layer; the mesocarp, also known as the husk, which  
381 is the intermediate layer; and the endocarp, which is the hard outer layer. The coconut seed  
382 is located inside the fruit and is composed of both the tegument and the solid and liquid  
383 endosperm. The tegument is the thin brown layer that surrounds the solid endosperm, which  
384 is the white, fleshy, and oily pulp of the seed. Coconut oil is extracted from the tegument [22].

#### 385 4.1.2. Ethnobotanical uses

386 In our study, *Cocos nucifera* was predominantly used for skincare, moisturizing,  
387 nourishing, radiance, and sun protection purposes. Skincare claims were among the most  
388 frequent cosmetic claims reported for *C. nucifera*.

389 In Mayotte, the use of coconut (*C. nucifera*) fruit in cosmetics has already been  
390 reported, and its uses include smoothing and brightening properties [23]. In the neighboring  
391 Comoros islands, it has been reported that coconut, combined with sandalwood (*S. album*)  
392 and sesame seeds (*S. indicum*), is employed to lighten the skin and eliminate acne in the form  
393 of a beauty mask [24]. In Mauritius, coconut is part of a cosmetic product called *amlaroma*  
394 which contains the following blend: *Embelica officinalis* Gaertn, *Trigonella foenum* L., *Centella*  
395 *asiatica* (L.) Urb., *Eclipta alba* L., along with sesame oil, coconut oil, sunflower oil, and  
396 citronella oil. This mixture is used for hair growth stimulation, stress reduction, dandruff  
397 elimination, and prevention of hair loss [25]. Coconut oil is also used in Mauritius in  
398 combination with fenugreek seed as an anti-hair loss shampoo, hair conditioner and hair  
399 serum [26]. In Africa, the combination of coconut oil with *Trichilia emetica* Vahl oil has an  
400 emollient effect on the skin [27]. For example, in Nigeria coconut oil is also often used on new-  
401 born babies, basically for oiling the hair and to maintain body pigmentation [28]. In Senegal,  
402 *Trichilia emetica* Vahl oil is combined with coconut oil as a cosmetic to provide emollient and  
403 moisturizing effect [29]. In India, coconut milk combined with carrot juice is employed  
404 topically for anti-aging purposes. Coconut milk is also applied to the hair to combat hair loss.  
405 As for the oil, it is applied to the nails and lips for care [30]. In French Polynesia, coconut oil  
406 also plays a crucial role in the preparation of a traditional blend known as "pani," akin to the  
407 French monoi. It possesses virtues such as soothing, softening, hydrating, and nourishing  
408 [6,31,32]. In Asia, the oil from mature coconut fruit is massaged into the head for soft and  
409 shiny hair [33].

410 The cosmetic claims reported in Mayotte are not specific to that region; they are also  
411 found in other regions regarding aspects such as emollient, nourishing, and caring for skin or  
412 hair. However, the beauty masks used in the Comoros Islands and prepared with coconut oil  
413 have not been reported elsewhere.

#### 414 4.1.3. Biological properties and chemical composition

415 In recent years, the oil derived from *C. nucifera* has been extensively utilized due to its  
416 numerous virtues, including benefits in skincare, haircare, stress relief, weight management,  
417 cholesterol level maintenance, immunomodulatory effects, cardiovascular applications, and  
418 more recently, in the context of Alzheimer's disease [34]. Coconut oil is utilized as a  
419 moisturizer, cleanser, and foaming agent. It is employed in the production of soap and  
420 shampoo [35,36]. In the cosmetic products from the industry, coconut comes in various forms,  
421 including coconut oil, coconut acid, hydrogenated coconut oil, and hydrogenated coconut  
422 acid, with over twenty cosmetic ingredients derived from coconut oil, such as fatty alcohols,  
423 fatty acids, esters, and salts. These include ammonium cocomonoglyceride sulfate, butylene  
424 glycol cocoate, caprylic/capric/coco glycerides, cocoglycerides, coconut alcohol, decyl  
425 cocoate, decyl esters of coconut oil, ethylhexyl cocoate, hydrogenated coco-glycerides,  
426 isodecyl cocoate, lauryl cocoate, magnesium cocoate, methyl cocoate, octyldodecyl cocoate,  
427 pentaerythrityl cocoate, potassium cocoate, hydrogenated potassium cocoate, sodium  
428 cocoate, sodium cocomonoglyceride sulfate, hydrogenated sodium cocoate, and tridecyl  
429 cocoate [35].

430 The composition of coconut oil is as follows: lauric acid (45% to 52%), myristic acid  
431 (16% to 21%), palmitic acid (7% to 10%), caprylic acid (5% to 10%), capric acid (4% to 8%),  
432 stearic acid (2% to 4%), caproic acid (0.5% to 1%), and palmitoleic acid (in traces). It also  
433 contains unsaturated fatty acids: oleic acid (5% to 8%), linoleic acid (1% to 3%), and linolenic  
434 acid (up to 0.2%) [34]. Lauric acid has been recognized for its antimicrobial activity [37].

435

436 In conclusion, *Cocos nucifera* is a well known plant species employed for cosmetic  
437 purposes all over the world. In Mayotte, beauty masks, specific from the region, are made  
438 from coconut oil and other ingredients. Biological properties and phytochemical compounds  
439 from coconut are already known, and justify its use as a cosmetic agent.

440

#### 4.2. *Jasminum* sp.

441

##### 4.2.1. Geographical distribution, botanical characteristics

442

443 The genus *Jasminum* belongs to the Oleaceae family and is widely distributed  
444 worldwide. With over 2000 species spread globally, *Jasminum* find its origins in Eurasia, India,  
445 and Mediterranean regions and are found in native to tropical or warm temperate regions. In  
446 our survey, *Jasminum* has been the most frequently mentioned genus from the Oleaceae  
447 family. Different varieties of *Jasminum* exist in Mayotte, among which *J. nummulariifolium* is  
448 the only one reported as cosmetic agents. *J. nummulariifolium* is endemic to Madagascar and  
449 Comoros islands. The analysis of cosmetic claims reveals a lack of diversity, as all claims are  
450 concentrated in category five (hygiene, perfume and make-up), accounting for 93%. The  
primary claims focus on embellishment and fragrance.

451

##### 4.2.2. Ethnobotanical uses

452

453 In Mayotte, Saive noted the uses of the same species as a perfume, smoothing agent,  
454 lightening agent, and for acne [23]. In the Comoros, Saive described the use of the same  
455 species (*J. nummulariifolium*) against acne [38]. Soidrou observed that this species is included  
456 in the preparation of *msindzano* in combination with *Sesamum indicum*, *tamtam* (local name),  
457 *Tamarindus indicus*, *loksi* (local name), *Myristica fragrans*, *Persea americana*, *Santalum*  
458 *album*, *Lawsonia inermis*, claiming to lighten the skin and eliminate acne. In the same  
459 publication, another preparation combining *J. nummulariifolium*, *Myristica fragrans* and  
*Santalum album* was reported for sun protection against UV rays and lightening the skin [24].

460

461 To the best of our knowledge, there is no available data on the use of *J.*  
462 *nummulariifolium* in Madagascar and Réunion island. However, other plant species from the  
463 *Jasminum* family have already been reported to be used elsewhere as cosmetics. For example,  
464 in Mauritius, *Jasminum officinale* L. is used for perfume and as a whitening agent [26]. In  
465 French Polynesia, *Jasminum grandiflorum* L. is used in monoi for the softness and the care of  
466 body and hair [31]. In India, tribal women from Kashmir Himalayas used the leaves of *J.*  
467 *officinale* for freshness [39]. In Sri-Lanka, *J. grandiflorum* plant extracted oil was reported to  
468 be used for scalp cooling and *Jasminum multiflorum* (Burm.f.) Andrews was reported to be  
used for skin care [40].

469

##### 4.2.3. Biological properties and chemical composition

470

471 Species like *J. grandiflorum*, *Jasminum sambac* (L.) Aiton, *Jasminum flexile* Vahl, and  
472 *Jasminum angustifolium* (L.) Willd. have traditionally been used for their antimicrobial,  
473 antidepressant, flavoring, and fragrance properties. Jasmine oil is extensively used in  
474 aromatherapy. The medicinal properties of *Jasminum* plants can be attributed to the presence  
475 of a wide range of bioactive compounds, including phenolic compounds, terpenoids,  
476 coumarins, glycosides, sterols, esters, and fatty acids. The antimicrobial, anti-acne,

477 spasmolytic, and aromatherapeutic activities arise from the combined effect of essential oils  
478 [41]. Throughout history, the *Jasminum* genus has played a significant role in traditional  
479 medicine. For instance, *J. officinale* exhibits a diverse range of therapeutic properties,  
480 including depurative, antiseptic, and expectorant virtues. Similarly, *J. grandiflorum* is  
481 recommended for cough. Also, *J. sambac* has expectorant, analgesic, antiseptic, aphrodisiac,  
482 and antidepressant properties [42–44]. *Jasminum* like *J. grandiflorum* flower is used like  
483 absolute, concrete, for creams, emulsions, shampoos, skin care (dermatitis, whitening, anti-  
484 itch), and perfumes [45]. *J. sambac* can be used in cosmetics as an essential oil, absolute, or  
485 concrete in cosmetic products and perfumes. The flowers of *J. sambac* are known for their  
486 antioxidant, anti-aging, brightening, and antibacterial activities [46].

487

488 Overall, *J. nummulariifolium* flowers represent an interesting cosmetic agent due to its  
489 specific uses for sun protection, skin lightening and acne in Comoros islands. This plant species  
490 is also endemic to Comoros islands and Madagascar and thus represent a biological heritage  
491 for the region. To the best of our knowledge, no pharmacological and phytochemical data  
492 were found in the literature on this plant species highlighting the need for further research.

493

494 4.3. *Ocimum* spp.

495 4.3.1. Geographical distribution, botanical characteristics

496 Species of *Ocimum* genus belong to the Lamiaceae family and encompass a variety of  
497 over 150 species distributed in temperate and tropical regions around the world. It is  
498 noteworthy that the highest number of species is found in Africa and India. *Ocimum*  
499 constitutes a group of aromatic and medicinal plants within a genus of both annual and  
500 perennial herbs, exhibiting a distinctive bushy growth pattern.

501 4.3.2. Ethnobotanical uses

502 In our study, different species of *Ocimum* were reported to be used as cosmetic agents,  
503 and they were mainly used for hygiene, make-up, and perfume (group 5). Leaves from two  
504 varieties of *Ocimum* spp. are used for fragrance and as beautifying agents, while leaves from  
505 the species *O. gratissimum* is only used for vaginal disorders. In the literature, *Ocimum* species  
506 were already reported as cosmetic agents. For example, in Mayotte, *Ocimum canum* Sims is  
507 used in perfume [23]. In Comoros, *Ocimum americanum* L. and *O. gratissimum* are used for  
508 vaginal infection [38]. In Mauritius, *Ocimum tenuiflorum* L. leaves are used as an anti-  
509 pigmentation agent for face [26,47]. It is noteworthy that the use of *O. gratissimum* for  
510 intimate care is specific to the Comoros region, including Mayotte.

511 4.3.3. Chemical composition

512 The commercially utilized parts of plant for essential oil extraction are primarily the  
513 leaves [48]. The chemical constituents from the leaves showed the presence of monoterpene  
514 hydrocarbons, oxygenated monoterpene, sesquiterpene hydrocarbons, oxygenated  
515 sesquiterpene, triterpene, flavonoids, and aromatic compounds. The compounds have been  
516 reported to exhibit antibacterial and antifungal, anti-inflammatory, antioxidant, antiviral,  
517 insecticidal and wound-healing properties [49].

518 The basil oil from the Indian Ocean is phytochemically different from other varieties of  
519 basil. This basil is cultivated, and its oil is produced in locations such as La Reunion,  
520 Madagascar, various parts of Africa, and occasionally in the Seychelles [50]. The presence of  
521 linalool/methyl cinnamate and linalool/methyl chavicol combination is observed in this basil.  
522 The European chemotype, originating from Italy, France, Bulgaria, Egypt, and South Africa, is  
523 distinguished by the high concentration in linalool and methyl chavicol. In contrast, the  
524 tropical chemotype, hailing from India, Pakistan, and Guatemala, is characterized by a notable  
525 presence of methyl cinnamate. The “La Reunion” chemotype, with roots in Thailand,  
526 Madagascar, and Vietnam, stands out for its elevated concentrations of methyl chavicol [51].  
527 Basil or *Ocimum basilicum* L. is economically important due to the use of its essential oil in  
528 hygiene and cleaning products, perfumes, and cosmetics and as a local anesthetic and  
529 antiseptic [52].

530 In conclusion, *Ocimum* spp. are highly used as cosmetic agents in the Indian Ocean and  
531 elsewhere in the world. The bioactive compounds and associated biological activities are well  
532 known. Due to the presence of different cultivars and a lack of clear taxonomical identification,  
533 phylogenetic research is needed to differentiate between the different species used.

#### 534 4.4. *Curcuma longa*

##### 535 4.4.1. Geographical distribution, botanical characteristics

536 *Curcuma longa* is native to India, and is now cultivated all over the world. *C. longa*  
537 consists of a rhizome, which is the main stem, accompanied by numerous offshoots or  
538 branches displaying a characteristic orange color [53].

##### 539 4.4.2. Ethnobotanical uses

540 In our survey, *Curcuma longa* was reported to be used for a variety of cosmetic  
541 purposes, and was mainly cited for moisturizing, nourishing, softening the skin and as an anti-  
542 aging (group 2); for providing shine, imparting a tan, and illuminating (group 3); and for  
543 cleansing and beautifying the skin (group 5). In the literature, Saive already reported the use  
544 of *C. longa* in Mayotte for preparing *msindzano* for redness, smoothing, and lightening [23].  
545 In Comoros, Soidrou observed the uses of *C. longa* combined with *Tamarindus indica* L.,  
546 *chikélé* (local name), *Chrysopogon zizanioides*, *loksi*, *Curcuma longa*, *Santalum album* L.  
547 against heat, sun block and lightening skin. In the same publication, other recipes include  
548 *Curcuma longa* in combination with other plants for lightening the skin, against heat, and  
549 against UV radiation [24]. In Madagascar, it is used as an antimicrobial, anti-inflammatory,  
550 antibiotic and antioxidant agent [54]. In Mauritius, *C. longa* is used for face cleaning, and as a  
551 face mask, a moisturizer and a whitening agent [26].

552 In French Polynesia, *C. longa* is used in the preparation of “paku” a Marquesan  
553 cosmetic. Two types of *paku* are identified: the first is dedicated to the care and beauty of hair  
554 and skin; the second is mostly dedicated to children and newborns, as a preventive treatment,  
555 in order to care cradle cap, to avoid bad smells and to limit vaginal discharges [31]. In India, it  
556 is used during Hindu ceremonies where brides rub their bodies with a turmeric paste in order  
557 to have a radiant complexion. Washing with turmeric will brighten the skin and reduce hair  
558 growth. The extract of the plant is also used in hair preparations as an anti-dandruff [55]. The  
559 oil has extensive application in flavor, perfumery, cosmetic and food products [56].

#### 560 4.4.3. Biological properties and chemical composition

561 The orange color of the rhizome is attributed to the curcuminoid pigments, namely  
562 curcumin, demethoxycurcumin, bisdemethoxycurcumin, and cyclocurcumin [57]. These  
563 compounds possess various biological effects especially anti-inflammatory effects.

564 Overall, *Curcuma longa* is used all over the world for its cosmetic and medicinal  
565 applications. Its chemical composition and biological properties are widely known, and justify  
566 its use as a cosmetic agent in Mayotte. Our study is the first to report new cosmetic claims  
567 (i.e., sun protection, anti-aging, anti-pimples) for *Curcuma longa* in Mayotte.

#### 568 4.5. Lawsonia inermis

##### 569 4.5.1. Geographical distribution, botanical characteristics

570 *Lawsonia inermis*, commonly known as henna tree, is a small shrub-like tree, 2 to 6  
571 meters high, with branchlets tipped with spines. Its leaves are smooth, arranged oppositely,  
572 nearly sessile, and elliptical to broadly lanceolate in shape, showing depressed veins  
573 prominently on the upper surface. Henna flowers consist of four sepals surrounding a 2 mm  
574 calyx tube, with white or red stamens arranged in pairs along the edge of the calyx tube, and  
575 petals that are ovate and somewhat crumpled. The ovary is divided into four cells, with an  
576 upright style. The tree bears small, brown fruits containing 32 to 49 angular seeds [58].

##### 577 4.5.2. Ethnobotanical uses

578 In our survey, all the cosmetic claims listed are distributed among four groups, with  
579 46% in group 5, 29% in group 2, 13% in group 3, and 12% in group 4. The most commonly  
580 mentioned claims are: nourishing, gives a radiant and glowing complexion, brightens the skin  
581 and provides a sun-kissed tone, addresses cracks and chapping, beautifies the skin, and  
582 cleanses it. In the literature, Saive reported that the plant is used for redness, lightening,  
583 smoothing, headache, and in perfume [23]. In Comoros, Soidrou observed that the plant is  
584 used combined with *mté* (*Santalum album*) against heat and acne. In the same study, another  
585 recipe combines *Sesamum indicum*, *tamtam*, *Jasminium nummulariifolium*, *Tamarindus*  
586 *indicus*, *loksi*, *Myristica fragrans*, *Persea americana*, *Santalum album*, and *Lawsonia inermis*  
587 for lightening skin and as a sun block agent. Other recipes including *Lawsonia inermis* (in  
588 combination with other plants) are also employed for similar cosmetics uses such as skin  
589 lightening, sun blocking and against heat [24]. To the best of our knowledge, no data are  
590 available regarding the cosmetic use of *L. inermis* in Madagascar, Reunion, Seychelles. In  
591 Mauritius, it is used for hair coloring. In the Middle East and north Africa, henna is used for  
592 body art [59]. In Morocco, it is used during wedding and burial ceremonies [60]. Henna has  
593 been used to adorn the bodies of young women during social celebrations and festive  
594 occasions, with henna designs applied to their nails, palms, and soles in India. Especially during  
595 weddings, the tradition of "Henna Night" is celebrated by most ethnic groups in regions where  
596 henna naturally grows, including Jews, Muslims, Hindus, and Christians, among others. In all  
597 these cultures, henna is an essential element of wedding ceremonies, used to adorn the bride  
598 and the groom [61,62].

## 599 4.5.3. Chemical composition

600 Nearly 70 phenolic compounds have been identified in different parts of the plant.  
601 Naphthaquinones, including the dyeing agent lawsone, have been associated with numerous  
602 pharmacological activities. Lawsone is a red-orange dye (2-hydroxy-1,4-naphthoquinone), also  
603 known as hennotannic acid. The terpene  $\beta$ -ionone is primarily responsible for the strong  
604 aroma of the essential oil extracted from the flowers. Alongside other volatile terpenes,  
605 certain non-volatile terpenoids, a singular sterol, two alkaloids, and two dioxin derivatives  
606 have also been isolated from the plant [58,63]. *Lawsonia inermis* is utilized in the cosmetic  
607 industry due to the abundant presence of active ingredients such as lawsone. This compound  
608 is commonly employed in the field of hair dyeing, nail care, hand treatments, and textile  
609 coloring [64].

610 In conclusion, *Lawsonia inermis* is a plant known worldwide for its cosmetic  
611 applications, and already studied for its biological effects. In Mayotte, *Lawsonia inermis* leaves  
612 are not only used for beautifying but also for healing (feet and heels cracks especially). Henne  
613 can be considered as an important cultural plant for Mayotte as it is used by Muslims people  
614 (representing 95% of the total population of Mayotte) for religious events.

615 4.6. *Cananga odorata*

## 616 4.6.1. Geographical distribution, botanical characteristics

617 *Cananga odorata*, commonly known as ylang-ylang, is a medium-sized evergreen tree,  
618 reaching heights of 10 to 20 meters. The tree typically features a singular main trunk and an  
619 irregularly spreading crown composed of drooping branches and twigs arranged in two rows  
620 bearing leaves. It is easily identifiable by its uniquely shaped, highly fragrant flowers, which  
621 range in color from yellow to greenish-yellow, and its characteristic aggregate fruit consisting  
622 of clustered green or black berries, numbering between 8 to 15 [65]. This tree is native to  
623 Southeast Asia, including the Philippines, Malaysia, and Indonesia. It is renowned for its  
624 fragrant flowers that are extensively exploited for their essential oil, a crucial raw material in  
625 the fragrance industry. In the Comoros islands (including Mayotte), the tree was introduced  
626 during the 20<sup>th</sup> century by French people in order to produce essential oils. To date, the  
627 Comoros islands are considered to be the largest producer of essential oils in the world [66].

## 628 4.6.2. Ethnobotanical uses

629 In our study, the recorded cosmetic claims for *C. odorata* are predominantly found in  
630 group 5 (86%), with the main ones being embellishment and fragrance. In Mayotte, Saive  
631 already reported that the plant is used in perfume. It is also used in perfume in Comoros and  
632 Madagascar [9]. To the best of our knowledge, no data are available for Reunion Island,  
633 Mauritius, Seychelles, and Africa. In French Polynesia, *C. odorata* is used in Marquesan  
634 cosmetics in perfume and for hydratation [31].

## 635 4.6.3. Biological properties and chemical composition

636 The essential oils, obtained through steam distillation from flowers, find applications  
637 primarily in the cosmetic industry, with some uses in the food industry as well. Indeed, ylang-  
638 ylang oil can be found in various cosmetic and households products such as massage oils,

639 moisturizing creams, perfumes, and even scented candles [65,67]. Traditionally, *C. odorata*  
640 has been employed to address conditions such as malaria, stomach ailments, asthma, gout,  
641 and rheumatism. A total of 25 components were identified in the essential oil, with major  
642 compounds including trans-caryophyllene, ocimene, (E,E)- $\alpha$ -farnesene, phenylmethyl ester,  
643 farnesyl acetone, t-muurolol, farnesol,  $\beta$ -elemene,  $\alpha$ -cadinol, copaene, benzyl benzoate, and  
644 trans-farnesol. The essential oil is notably rich in sesquiterpenoids, encompassing  
645 sesquiterpene hydrocarbons and monoterpene hydrocarbons, along with various oxygenated  
646 compounds [68–70].

647 Overall, *Cananga odorata* is culturally and economically important in the Comoros  
648 islands as it is widely cultivated for the cosmetic and fragrance industry. In Mayotte, the  
649 production is lower than in other Comoros islands due to higher labor cost, but the tree still  
650 represents an emblematic plant for this island. The use of fragrance obtained from its flower  
651 is one of the most cited cosmetic uses by Mahoran people, and further work are needed to  
652 revitalize the ylang-ylang cosmetic industry in Mayotte.

#### 653 4.7. Pandanus maximus

##### 654 4.7.1. Geographical distribution, botanical characteristics

655 The Pandanaceae family includes several genera, among which are *Pandanus*,  
656 *Freycinetia*, *Sararanga*, and *Martellidendron* [71,72]. The Pandanaceae family is found across  
657 the paleotropics, spanning from West Africa to the islands of the eastern Pacific. Except for  
658 *Martellidendron*, which is native to Madagascar and the Seychelles, the genera share common  
659 distribution ranges, primarily concentrated in Indonesia, Borneo, the Philippines, and New  
660 Guinea [73]. *Pandanus maximus* is an endemic tree of Mayotte which grows in sandy areas. It  
661 is a dioecious tree, with arched trunks, little branched, stems marked with helical scars from  
662 the abscission of the leaves and bearing protuberances, large aerial weeds generally grouped  
663 towards the base of the trunk, and leaves in apical helices.

##### 664 4.7.2. Ethnobotanical uses

665 In our study, *Pandanus maximus*, known for its highly valued fragrant flowers, is  
666 typically used either alone or in combination with two varieties of *Ocimum* locally known as  
667 *mkadi*. These flowers are often placed on safety pins or incorporated into necklaces along with  
668 other fragrant plants. The essential oil derived from the male flowers of *Pandanus odorifer*  
669 (Forssk.) is extensively employed in aromatherapy and cosmetic applications. The  
670 predominant component in the essential oil is phenylethyl methyl ether, which imparts the  
671 distinctive fragrance that defines the oil [74]. To the best of our knowledge, there is no  
672 pharmacological and phytochemical information available on *Pandanus maximus*.  
673 Nevertheless, it should be noted that this species is endemic to the Comoros, like *Pandanus*  
674 *mayottensis*.

675 *Pandanus maximus* flowers have been highly cited in our study, especially for  
676 fragrance. Because *Pandanus maximus* is endemic to Comoros islands, and few biological and  
677 chemical studies have been performed so far on this species, further research should be  
678 carried out to identify interesting compounds for the cosmetic industry and so provide an  
679 economic value to this species for Mahoran people.

680

681

682 Our study offers a detailed overview of cosmetic practices in Mahoran culture,  
683 providing valuable insights for future research in this field. However, there are some  
684 limitations to our study that should be noted. First, this study focused on tradipractitioners  
685 only (called *fundi*), and so we believe expanding the sample to the entire population would  
686 yield quantitative data that are more representative of current knowledge. This approach  
687 could also unveil emerging trends in cosmetic practices among the broader population.  
688 Second, *msindzano*, a beauty mask used all over the islands, could not always be clearly  
689 described from a botanical perspective. Indeed, *msindzano* is composed of different plant  
690 species imported as piece of woods in Mayotte and so botanically unidentifiable, thus  
691 representing a challenge for ethnobotanists.

692

693

Journal Pre-proof

## 694 5. Conclusion

695

696 In conclusion, this ethnobotanical study focusing on the cosmetic flora of Mayotte  
697 aimed to preserve knowledge and provide a foundation for local farmers interested in  
698 entering the cosmetics industry. To the best of our knowledge, this field survey is the first to  
699 solely focus on Mayotte's cosmetopoeia.

700 Based on our results, the Mahorese cosmetopoeia include 83 plants, some of which  
701 are well-known as cosmetic agents, such as *Cananga odorata*, *Cocos nucifera*, and *Plumeria*  
702 sp. Other species (e.g., *Jasminum nummulariifolium*, *Pandanus maximus*) highly mentioned in  
703 our survey are less known and should be further studied. It is noteworthy that perfumed  
704 plants emerge as a primary feature of Mahorese cosmetopoeia.

705 Undertaking such ethnobotanical investigations is of great importance, particularly as  
706 the transmission of traditional practices diminishes amidst the prevalence of readily available  
707 Western products. Given the resurging interest in natural products, it becomes imperative to  
708 expand ethnobotanical inquiries concerning cosmetopoeia, and document the diverse cultural  
709 heritage prevalent in overseas territories. This endeavor serves both preservation and  
710 promotional purposes.

711

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719

## 720 Credit Statement

721 Conceptualization: CB, FC

722 Field work: OD

723 Plant identification: AD

724 Formal analysis: FC, OD

725 Funding acquisition: CB

726 Writing – original draft: OD

727 Writing – review and editing: FC, OD, CB, AD

728

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Journal Pre-proof

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

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**Table 1:** Sociodemographic characteristics of the 35 persons interviewed in Mayotte

Characteristics	Frequency	Percentage (%)
Gender		
Female	18	51
Male	17	49
Residence		
North	13	37
Center	9	26
South	13	37
Occupation		
Business	4	11
Craft person	2	5
Farmer	3	11
Masseuse	2	5
Nurse	1	5
Nurseryman	2	5
None	17	48
Other	2	3
Teacher	2	5
Religion		
Muslim	35	100
Language		
Kibushi	16	46
Shimaoré	19	54

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**Table 2:** Cosmetic uses, mentioned by the 35 participants, classified according to the five cosmetic target groups

First group claim: Dermatologically related	Number of citations	Second group claim: Care and maintenance, hygiene, and regeneration of the dermis and skin	Number of citations	Third group claim: Skin pigmentation	Number of citations	Fourth group claim: Appendages (hair, nails)	Number of citations	Fifth group claim: Hygiene, makeup, perfume, and ingredients	Number of citations
Anti-pimple	46	Moisturizes the skin / body	31	Adds shine	13	Nourishes the hair	23	Beautifies	119
Treats dermatoses	6	Softens the skin / body	18	Colors the lips	4	Shampoo / Hair soap	15	Perfume	105
Treats pimples and patches caused by allergy	5	Anti-aging / Preserves youth / Rejuvenates	16	Brightens the complexion	4	Activates hair growth	14	Cleans	34
Heals wounds / injuries	4	Nourishes the skin / body	14	Anti-spots	3	Detangles the hair	8	Deodorant	21
Against pimples and redness in children (babies) or individuals with sensitive skin	3	Heals cracks	7	Lightens scars	2	Hair growth	6	Facial beauty	14
Accelerates the healing of wounds / injuries	3	Used to firm up the skin	6	Gives a healthy glow	2	Perfumes the hair	5	Intimate hygiene	10
Against pimples	2	Heals chapped	6	Beautifies the	2	Depilatory	4	Makeup	9

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

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with patches		skin		complexion		care			
Hemostatic	2	Body care	5	Tints the skin	1	Good hair health	3	Enhances the gaze	8
Antiseptic	2	Massage	4	Removes imperfections	1	Nail care	3	Well-being	5
Allergies with skin eruption	2	Beauty mask	2	Colors the cheeks (msindzano)	1	Hair oil	3	Face painting for ceremonies	5
Accelerates wound healing	1	Facial care	1			Softens the hair	2	Hygiene	5
Against pimples and a condition called "mwili wa moro."	1	Dries out pimples	1			Lengthens curls	2	Refreshes the skin	5
Anti-acne	1	Finger care	1			Anti-dandruff	2	Stimulates / tones the body	5
Anti-irritation	1					Scalp ringworm	2	Energizes the body	3
In case of diaper rash in children	1					Softens the hair	1	Beautifies the gaze	3
In case of scabies	1					Hair beauty	1	Protects against the evil eye	3
In case of allergies causing pink patches	1					Capillary	1	Bad breath	2

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Treats bumps on the tongue caused by small sores	1					Decorates hands and feet	1	Invigorates the body / mind	2
Furuncles	1					Protects the hair	1	Body soap	2
Cleansing like Betadine	1					Refreshes the scalp	1	Captivates the attention of men	1
Anti-itch	1					Hair care	1	Oral cleanser	1
Promotes wound healing	1					Post-depilatory care	1	Revives the skin	1
Antimicrobial	1					Relieves post-depilation	1	Oral care	1
Against gingivitis	1					Prevents hair loss	1	Body painting	1
Itching with heat rash	1					Used for hair removal preparation	1	Exfoliation	1
								Mouthwash	1

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**Table 3:** List of plant species used in cosmetic recipes cited in our survey

Family	Scientific name	Vernacular name (french)	English name	Vernacular name (mahoran)	Vernacular name (kibushi)	Part of plant used	Cosmetic uses	URs	Voucher specimen
Acanthaceae	<i>Barleria lupulina</i> Lindl.	Herbe tac-tac	Hop-headed barleria	Mshari	Mamy lahy				ODAM019
						Leaf	Anti-blemish	1	
Aloeaceae	<i>Aloe vera</i> (L.) Burm.f.	Aloès	Aloe	Sakouhakinkigni	Shiizi ya mlili				ODAM018
						Leaf (inner gel)	Promotes healing / Cleanser / Beautifies / Face care / Shampoo / Smoothens / Skin care / Refreshes / Well-being / Preserves youth / Firm up the skin	12	
						Leaf	Promotes hair growth / Moisturizes (face) / Moisturizes the Body / skin	6	

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Amaranthaceae	<i>Achyranthes aspera</i> L.	Herbe d'Eugène	ND	Tsoho	Tsoho				ODAM030
						Leaf	Soothes / Heal	2	
Amaryllidaceae	<i>Allium schoenoprasum</i> L.	Oignon vert	Green onion	Shourougou ya mani	Dugulu basoili				NC
						Leaf	Cleanser / Anti-itch	3	
Amaryllidaceae	<i>Allium</i> sp.	Ail	Garlic	Shourougou voushé	Dugulu layii				NC
						Leaf	Cleanser / Anti-itch	2	
Anacardiaceae	<i>Anacardium occidentale</i> L.	Anacardier	Cashew	Mabibo	ND				ODAM031
						Bark	Toothache (mouthcare)	1	
						Bark and leaf	Toothache (mouthcare) / Gingivitis	2	
Annonaceae	<i>Cananga odorata</i> (Lam.) Hook.f. & Thomson	Canang odorant	Ylang-ylang	Langilang	Langilang				ODAM025
						Flower	Fragrance/ Beautifies / Perfumes oil / Massage / Softens / Post-depilatory	75	

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							care / Refreshes / Preserves youth / Well- being / Nourishes / Brightens / Hydrates / Essential oil		
Apocynaceae	<i>Carissa spinarum</i> L.	Bois amer	ND	M'djanfari	Taola na omby				NC
						Piece of wood (stem)	Beauty mask / Sun protection	2	
Apocynaceae	<i>Plumeria sp</i> L.	Frangipanie r	Nosegay Tree	ND	Ngaya bé				ODAM03 2; ODAM03 3
						Flower	Beautifies / Fragrance / Nourishes / Brightens / Softens / Moisturizes / Well-being	38	
Arecaceae	<i>Cocos nucifera</i> L.	Cocotier	Coconut	M'nadzi	Voaniho				ODAM03 4
						Fruit (coprah)	Cleanser / Soap / Shampoo	5	

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						Fruit (milk*)	Anti pimples / Cleanser / Brightens / Add shine / Beautifies / Nourishes / Tanned complexion / Softens / Detangles / Shampoo	45	
						Fruit (milk*, pulp)	Cleanser / Hydrates / Softens / Well-being	6	
						Fruit (oil**)	Moisturizes / Smoothens / Nourishes / Strengthens / Stimulates hair growth / Softens / Well-being / Wound, Wound protect / Oil of hair / Add shine / Hygiene (soap) / Skin care / Hair	180	

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							care / Sunburn / Warms the skin, face / Cleanser / Massage / Anti pimples / Food allergies causing skin rashes or not , Allergies forming sort of plaques/ Skin disorders / Strengthens / Refreshes / Anti aging / Firm up the skin / Depilatory care, Post- depilatory care / Protect / Fragrance / Lightens / Relaxes, loosens the muscles / Warm the		
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# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

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							scalp / Relieves / Oil for body / Shampoo		
						Fruit (oil**, milk*, grated)	Cleanser / Moisturizes / Nourishes / Softens / Add shine / Beautifies / Well-being /Tanned complexion / Brightens / Smoothens / Skin care	34	
						Fruit (water)	Cleanser / Detangles / Shampoo	3	
Asteraceae	<i>Ayapana triplinervis</i> (Vahl) R.M.King & H.Rob.	Ayapana, yapana	Ayapana	Mlaliyapana	Mlaliyapana				ODAM00 9

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						Leaf	Beautifies / Fragrance / Softens / Depilatory care / Nourishes / Add shine / Lightens / Moisturizes	12	
Asteraceae	<i>Sigesbeckia orientalis</i> L.	Colle colle	Sigesbeckia herba		Tei lamba				ODAM03 5
						Whole plant	Anti pimples	1	
Asteraceae	<i>Youngia japonica</i> (L.) DC.	Lastron bâtard	ND	ND	Sari féliki guissi				ODAM03 6
						Leaf	Spots with lesions	1	
Bixaceae	<i>Bixa orellana</i> L.	Roucuyer	Annatto	ND	M'jenguéfuré				NC
						Seed	Color lips	4	
Bombacaceae	<i>Adansonia digitata</i> L.	Baobab	Baobab tree	Buyu	Buyu				ODAM01 6
						Fruit (pulp)	Well-being / Cleanser / Softens / Beautifies / Tanned complexion / Brightens / Moisturizes / Anti aging	16	

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						Piece of wood (stem)	Anti pimples / Scabies	3	
Burseraceae	<i>Commiphora arafy</i> H.Perrier	ND	ND	M'ri ombany	Matyambelo				ODAM037
						Seed	Toothache (mouthcare)	1	
Calophyllaceae	<i>Calophyllum inophyllum</i> L.	Takamaka	Alexandria n laurel	M'tondro	M'tondro				ODAM022
						Sap	Depilatory	11	
Convolvulaceae	<i>Decalobanthus peltatus</i> (L.) A.R.Simões & Staples	Décalobant he pelté	Merremia	Vahi bé	Vahi bé				ODAM038
						Leaf	Stimulates hair growth / Add shine / Strengthens / Smoothens / Eliminate vaginal odor / Anti dandruff	7	
Convolvulaceae	<i>Ipomoea batatas</i> (L.) Lam.	Patate douce	Sweet potato	Batata	Batata				ODAM039
						Leaf	Cleanser / Nourishes / detangles / Strengthens / Softens / Shampoo	7	

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Convolvulaceae	<i>Ipomoea nil</i> (L.) Roth	Ipomée du nil	Blue morning-glory	ND	Antaka mawaridi				ODAM041
						Leaf	Accelerates healing	1	
Convolvulaceae	<i>Ipomoea obscura</i> (L.) Ker Gawl.	Ipomée obscure	Obscure morning glory	Hovéani	Hovéani				ODAM004
						Leaf	Cleanser / Softens / Strengthens / Smoothens / Nourishes / Stimulates hair growth / Add shine / Anti dandruff / Detangles / Beautifies / Refreshes the scalp / Treat ringworm of the scalp / Shampoo	20	
Convolvulaceae	<i>Ipomoea pes-caprae</i> (L.) R.Br.	Patate à Durand	Beach morning glory	ND	Lalanda				ODAM040
						Leaf	Prevent hair loss	1	

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Crassulaceae	<i>Kalanchoe pinnata</i> (Lam.) Pers.	Kalanchoé penné	ND	Miawani	Sudifafgna				ODAM042
						Leaf	Skin care / Firm up the skin / Beautifies	4	
Cucurbitaceae	<i>Kedrostis elongata</i> Keraudren	ND	ND	Bahi bahi	Tumbou antani				NC
						Leaf	Heals the pimples	1	
Euphorbiaceae	<i>Acalypha indica</i> L.	Acalyphe d'Inde, herbe chat	Indian acalypha						NC
						Leaf /Stem	Treat ringworm of the scalp	2	
Euphorbiaceae	<i>Croton mayottae</i> P. E. Berry & Kainul	Croton glanduleux de Mayotte	ND	Muhuve	Sari laza laza				ODAM043
						Root	Anti pimples ( <i>mwili wa moro</i> )	2	
Euphorbiaceae	<i>Jatropha curcas</i> L.	Pignon d'inde	Purging nut	Muri maji	Valavelo				ODAM029
						Bark	Antimicrobial / Reduces bad breath	2	

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						Latex	Hemostatic / Healing	6	
						Seed	Make up	1	
Fabaceae	<i>Crotalaria laburnoides</i> Klotzsch	Crotalaire arbuste	ND	ND	Ampamono maso na kohobory				NC
						Fruit (Pod)	Shampoo	1	
Fabaceae	<i>Hymenaea verrucosa</i> Gaertn.	Copalier	gum copal tree	Mvoumba	Yembuki				NC
						Bark	Anti pimples / Brightens / Beautifies	3	
Fabaceae	<i>Indigofera tinctoria</i> L.	Indigotier	Indigo	M'kombayonyo	Heinguitshi				ODAM014
						Leaf	Antiperspirant / Deodorant / Anti pimples	4	
Fabaceae	<i>Mimosa pudica</i> L.	Sensitive	Sensitive plant	ND	Fatsiki ambili, Shibalabalamasu				ODAM045
						Leaf	Boils	1	
Fabaceae	<i>Pterocarpus indicus</i> Willd.	Sang-dragon	Angsana tree	ND	M'sandrango				NC
						Leaf	Shampoo	3	
Fabaceae	<i>Senna singueana</i> (Delile) Lock		Winter cassia	M'ri m'buzi	Andra béyi, Sambaravatsi				ODAM044
						Leaf	Allergies	2	

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							causing pinkish patches / Dermatoses		
Fabaceae	<i>Vachellia farnesiana</i> (L.) Wight & Arn.	Acacia de farnèse	Sweet acacia	Mugu dzidzano	Fu mgu tamotamo				ODAM001
						Flower	Fragrance / Skin care / Cleanser / Softens / Nourishes / Beautifies / Moisturizes / Lightens / Add shine	67	
Lamiaceae	<i>Ocimum americanum</i> L.	Basilic citron	American basil	ND	Karandzani mroni				ODAM046
						Leaf	Antiperspirant / Deodorant	2	
Lamiaceae	<i>Ocimum gratissimum</i> L.	Basilic grande feuille	African basil	M'rule	Rulé				ODAM005
						Leaf	Cleanser / Reduces vaginal odors / Reduces white discharge /	18	

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							Tightens the vagina / Maintaining the vagina / Tones the vagina / Cleanser		
Lamiaceae	<i>Ocimum</i> spp.	ND	ND	Mkadi	Mkadi				ODAM007
						Leaf and flower	Fragrance / Beautifies / Skin care / Cleanser / Softens / Nourishes / Moisturizes / Post-depilatory care / Protect / Add shine / Lightens	120	
Lamiaceae	<i>Plectranthus amboinicus</i> (Lour.) Spreng.	Gros thym	Cuban oregano	Porouvi	Parauvi				NC
						Leaf	Promotes healing / Wound healing	3	
Lamiaceae	<i>Pogostemon cablin</i> Benth.	Patchouli	Patchouli	Patchor	Patchor				ODAM008

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						Leaf	Fragrance / Beautifies	9	
Lauraceae	<i>Cassytha filiformis</i> L.	Liane Foutafout	Bush-dodder	ND	Tsihitafotoutshou				NC
						Whole plant	Dermatoses	1	
Lauraceae	<i>Litsea glutinosa</i> (Lour.) C.B.Robins	Bois d'oiseaux à petites feuille	Bolly-beech	M'zavoca maro	Zavoca maro				ODAM002
						Sap	Promotes healing / Heal burns	3	
Lauraceae	<i>Persea americana</i> Mill.	Avocatier	Avocado	Avoka	Avoka				ODAM047
						Seed	Beauty mask / Moisturizes / Beautifies / Anti pimples / Anti-aging / Cleanser	12	
Loganiaceae	<i>Strychnos spinosa</i> Lam.	Oranger du Natal	Natal orange	ND	Mkutsha				ODAM048
						Root	Skin conditions	1	
Lythraceae	<i>Lawsonia inermis</i> L.	Hénné	Henna	Hina dzishe	Mwina vavy				ODAM013
						Leaf	Heal the cracks / Cleanser / Tanned	101	

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							complexion / Beautifies / Color skin / Colors nails / Softens / Moisturizes / Nourishes / Brigthens / Add shine / Tightens / Light complexion / Anti aging		
Lythraceae	<i>Sonneratia alba</i> Sm	Manglier fleur	ND	M'honko ndziwi	Honko bé				ODAM04 9
						Leaf	Dermatoses	1	
Malvaceae	<i>Ceiba pentandra</i> (L.) Gaertn.	Kapokier	Silk-cotton tree, Kapok tree	M'pembafoum a	Pembafuma				ODAM00 3
						Leaf	Cleanser / Nourishes / Softens / Elongates curl, Minimizes frizz / Stimulates hair growth / Cleanser / Detangles	18	

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Malvaceae	<i>Cola nitida</i> (Vent.) Schott & Endl.	Colatier	Kola	Kola	Kola				ODAM05 3
						Fruit	Stimulates, Energyzing / Tones	3	
Malvaceae	<i>Hibiscus schizopetalus</i> (Dyer) Hook.f.	Lanterne japonaise	ND	ND	Sary kafe maféki				ODAM05 1
						Flower	Make up	1	
Malvaceae	<i>Sida rhombifolia</i> L.	Faux thé	Queensland hemp	Shifunga koli	ND				ODAM05 0
						Leaf	Cleanser / Shampoo / Antiseptic	3	
Moraceae	<i>Ficus sycomorus</i> L.	Le figuier sycomore	ND	Muhu mambe	Adabu				ODAM05 2
						Latex	Anti pimples	1	
Musaceae	<i>Musa</i> sp.	Bananier	Banana tree	Tchindri	Voudi ni outsi				ODAM05 5
						Leaf	Tightens (baby skin)	1	
Myristicaceae	<i>Myristica fragrans</i> Houtt.	Muscadier	Nutmeg	Kougoumanga	Kougoumanga				NC
						Seed	Swelling	1	
Myrtaceae	<i>Syzygium aromaticum</i> (L.) Merr. & L.M.Perry	Giroflier	Clove tree	Karafu	Karafo				NC
						Clove bud	Cleanser / Beautifies /	8	

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							Fragrance / Dental care / Stimulates hair growth / Softens		
Nyctaginaceae	<i>Bougainvillea spectabilis</i> Willd.	Bougainvillier	Great bougainvillea	ND	Telo myova				ODAM020
						Flower	Beautifies / Fragrance	9	
Oleaceae	<i>Jasminum nummulariifolium</i> Baker	Jasmin	ND	Anfu	Anfu				ODAM056
						Flower	Fragrance / Beautifies / Cleanser / skin care / Softens / Nourishes / Moisturizes / Post- depilatory care / Add shine / Lightens	191	
Orchidaceae	<i>Vanilla</i> sp.	Vanille	Vanilla	Lavany	Lavany				
						Fruit (Pod)	Fragrance / Moisturizes / Protect / Well-being	10	

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Oxalidaceae	<i>Averrhoa bilimbi</i> L.	Bilimbi	Bilimbi	Uhaju	Madiro antanana				ODAM057
						Fruit	Anti-pimples	1	
Pandanaceae	<i>Pandanus maximus</i> Martelli	Grand vacoa	ND	M'lua n'dzishé	Droa				ODAM058
						Flower	Fragrance / Beautifies / Skin care / Cleanser / Softens / Nourishes / Moisturizes / Post-depilatory care / Add shine / Lightens	69	
Pedaliaceae	<i>Sesamum indicum</i> L.	Sésame	Sesame	Pwendzi	Antsiguini				NC
						Seed	Dermatoses and allergy / Pimples that appear on the skin / Moisturizes / Softens / Beautifies / Cleanser / Brightens /	45	

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							Add shine / Lightens / Nourishes / Anti aging / Firm up the skin		
Piperaceae	<i>Piper nigrum</i> L.	Poivrier noir	Black pepper	Vilivili	Vilivili				ODAM05 9
						Seed	Clean the vagina / Anti-itch	10	
Poaceae	<i>Chrysopogon zizanioides</i> (L.) Roberty	Vétiver, chiendent odorant	vetiver	Manu kantru	Kotuvera				ODAM06 0
						Root	Fragrance / Beautifies / Cleanser / Softens / Nourishes / Moisturizes / Skin care / Post- depilatory care / Add shine / Lightens / Soothes	44	
Polypodiacea e	<i>Phymatosorus scolopendria</i> (Burm.f.) Pic.Serm.	Scolopendre , Patte lézard	ND	M'hono béni	Kangadja sampa ravihi				NC

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						Leaf	Moisturizes / Cleanser / Beautifies	3	
Pteridaceae	<i>Pityrogramma calomelanos</i> (L.) Link	Fougère d'argent	ND	ND	Kangadja orimbo vihavy				NC
						Leaf	Face makeup, during ceremonies and weddings	3	
Rosaceae	<i>Rosa</i> sp.	Rosier	White rose	Maouwa	Mauwa				ODAM06 1
						Flower	Fragrance / Beautifies / Skin care / Cleanser / Softens / Nourishes / Moisturizes / Refreshes / Revives / Softens / Lightens	69	
Rubiaceae	<i>Guettarda speciosa</i> L.	Bois cassant bord-de- mer	ND	Fu m'tsanga	Fu m'tsanga				ODAM01 1
						Flower	Fragrance	1	
						Piece of wood	Anti- pimples	9	

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						(stem)			
Rubiaceae	<i>Ixora cremixora</i> Drake	ND	ND	Mianga nianga	Sari mapwera marachi				NC
						Flower	Beautifies	2	
Rutaceae	<i>Citrus aurantium</i> L.	Oranger	Sweet orange	Mavoubara	Tsoha mami				NC
						Fruit	Deodorant / Fragrance	2	
Rutaceae	<i>Citrus medica</i> L.	Cédratier	Citron	Murundra kapu	Tsoha kapo				NC
						Leaf	Reduce bad odors	1	
Rutaceae	<i>Citrus</i> sp.	Citronnier	ND	Djimogné	Tsoha foyi				ODAM06 2
						Fruit (juice)	Deodorant / Antiperspirant / Heal the cracks / Beautifies / Color skin / Color nails / Cleanser / Stimulates / tones / Energizing /Pimple on tongues causing small roses	59	
						Fruit (peel)	Deodorant	1	

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Rutaceae	<i>Murraya paniculata</i> (L.) Jack	Oranger jasmin	orange jessamine	Fulagin	Anfololo				ODAM015
						Flower	Beautifies / Fragrance	10	
Sapindaceae	<i>Litchi chinensis</i> Sonn.	Litchi de Chine	Lychee	Litshi	Litshi				ODAM064
						Piece of wood (stem)	Sun protection	1	
Sapindaceae	<i>Sapindus saponaria</i> L.	Arbre à savon	Soap tree	Arita	Sabon kakazo				ODAM063
						Leaf	Relieves heat rash on the body that itches /	1	
						Seed	Relieves heat rash on the body that itches / Reduces irritation / Anti-pimples / Treats irritations and body rashes, such as chickenpox	3	

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Tables

Sapotaceae	<i>Gambeya boiviniana</i> Pierre	Caïmitier de bovin	ND	ND	Famelho				NC
						Leaf	Toothache (mouthcare)	1	
Solanaceae	<i>Cestrum nocturnum</i> L.	Jasmin de nuit	Lady of the Night	Anfu ya huku	Sirya huku				ODAM01 1
						Flower	Beautifies / Fragrance	7	
Solanaceae	<i>Solanum melongena</i> L.	Aubergine	Eggplant	Bégani	Bégani				NC
						Fruit	Heal the cracks	1	
Solanaceae	<i>Solanum richardii</i> Dunal	ND	Eggplant	ND	Sari anguivi				ODAM02 1
						Leaf	Toothache (mouthcare)	1	
Verbenaceae	<i>Lantana trifolia</i> L.	Lantanié trifolié	ND	M'bwase	Sari fatsiki madani				NC
						Leaf	Tightens / Tones	2	
Verbenaceae	<i>Stachytarpheta urticifolia</i> (Salibs.) Sims.	Verveine bleu	ND	M'ri wagwegwe	Mshari				ODAM02 3
						Leaf	Intimate hygiene / Anti spot / Anti fungal	4	
Vitaceae	<i>Leea guineensis</i> G.Don	ND	ND	ND	Sadrakidraki				NC

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

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						Root	Anti pimples / Accelerates wound healing / Anti fungal / Anti scabies	4	
Zingiberaceae	<i>Curcuma amada</i> Roxb	ND	<i>Mango ginger</i>	Siguizo manga	Sakéy manga				NC
						Rhizome	Skin care	1	
Zingiberaceae	<i>Curcuma longa</i> L.	Curcuma	Turmeric	Dzidzano	Tamotamo				NC
						Rhizome	Skin face / Skin face / Sun protection / Anti pimples / Cleanser / Beautifies / Moisturizes / Softens / Nourishes / Add shine / Sun protection / Beauty mask / Massage / Lightens / Tanned complexion / Well-being / Anti aging /	105	

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Tables

							Tightens		
Zingiberaceae	<i>Zingiber officinale</i> Roscoe	Gingembre	Ginger	Siguizo	Sakéy				NC
						Rhizome	Tightens	1	
Zingiberaceae	<i>Zingiber zerumbet</i> (L.) Sm.	Amome sauvage	Shampoo ginger	Singuizo masera	Sakéyi loulou				NC
						Flower	Shampoo / Cleanser	2	
ND	ND	"Bois de santal"	Sandalwood	Msindzano	Msindzano				NC
						Piece of wood (stem)	Cleanser / Beautifies / Fragrance / Sun protection / Anti aging / Anti pimples / Anti spot / Reduces irritation / Refreshes / Lightens / Softens /	116	

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Tables

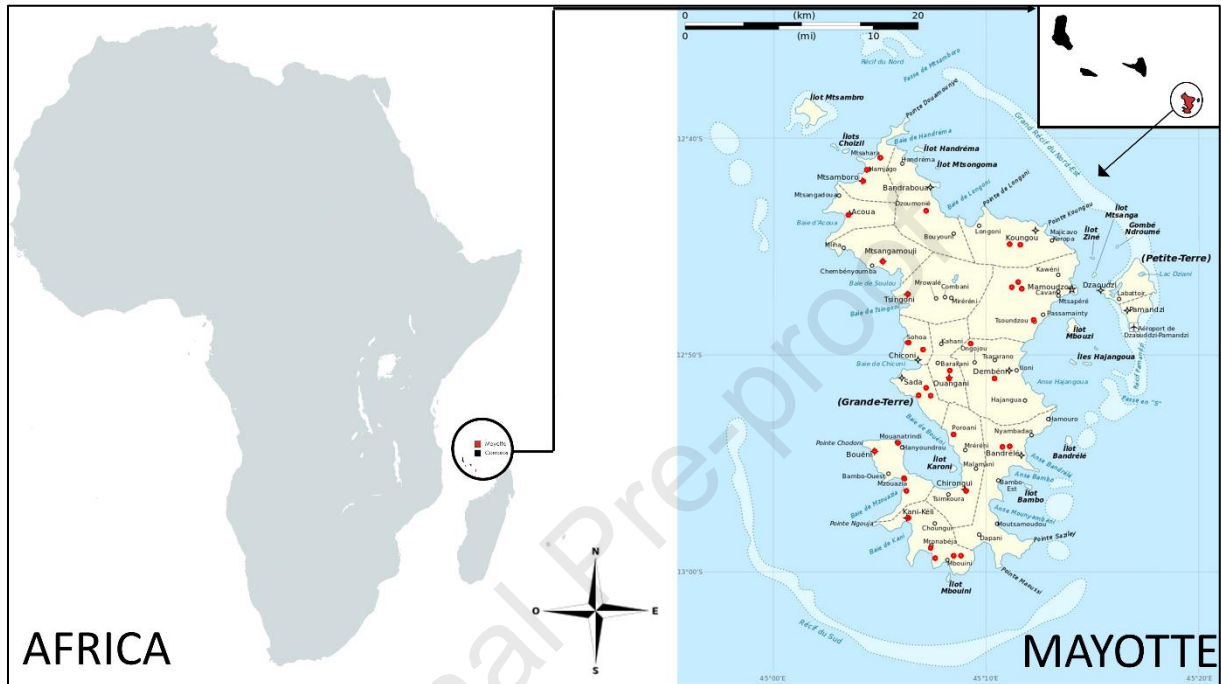
							Beauty mask / Redness (baby) / Foundation / Tanned complexion		
--	--	--	--	--	--	--	--	--	--

Legend: ND for “not determined”, NC for “not collected”, plants not collected were identified based on their vernacular names by referring to “La flore illustrée de Mayotte” (Barthelat, 2019). Symbol “/” is used for “and”, and symbol “,” is used for “or”. \* Coconut milk is obtained by expression of solid endosperm of coconut. \*\*Coconut oil is obtained by boiling the coconut milk.

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Figures

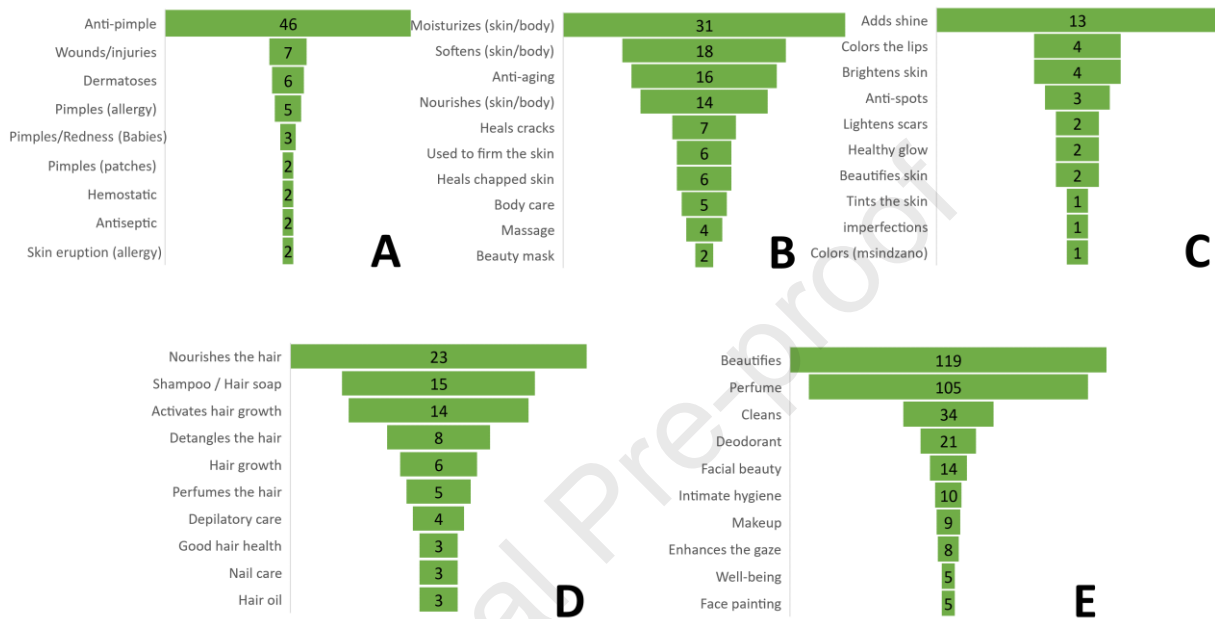
**Figure 1:** Map showing Mayotte in Africa and in the Indian Ocean (red dots: visited sites)



# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Figures

**Figure 2:** Most cited uses for the five different cosmetic groups. A. Group 1: Dermatology. B. Group 2: Action on epidermis. C. Group 3: Skin pigmentation. D. Group 4: Hair and nails. E. Group 5: Hygiene, makeup, perfume



# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Figures

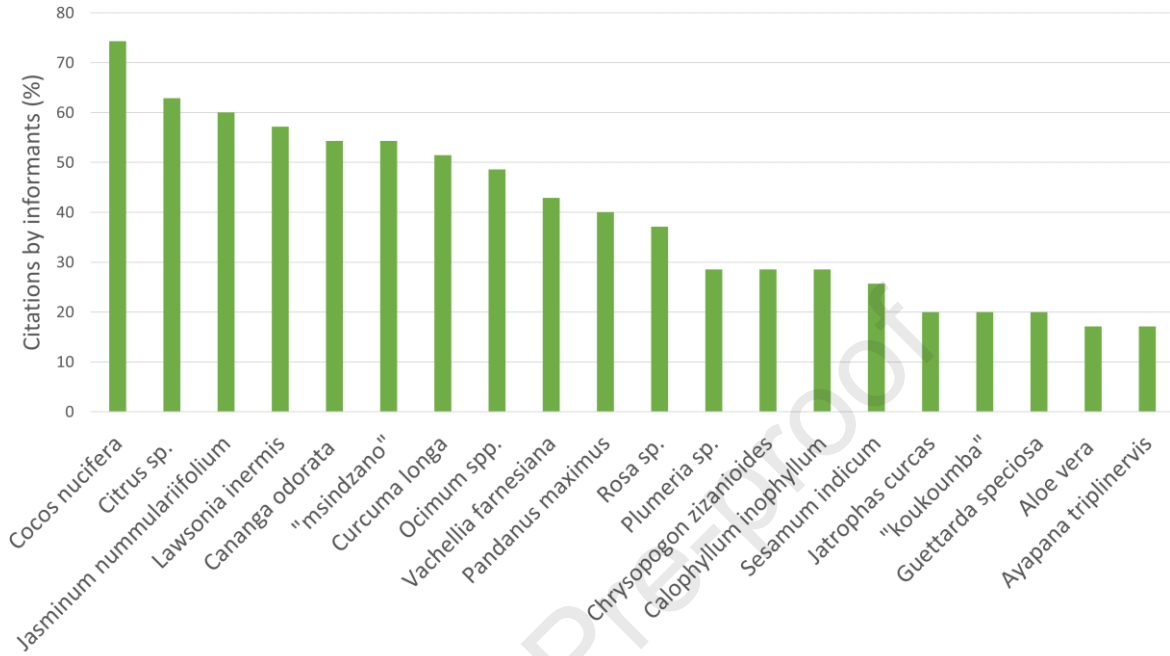
**Figure 3:** Pictures of typical mahoran cosmetics. A: Powder of *zoukouba* (blend of fragrant plants). B: Preparation of *matcha manu kantru* (fragrant preparation). C: *Matcha manu kantru*. D.a: Powder of piece of wood of *msindzano* (beauty mask). D.b : *Ka* (piece of wood). D.c: *Msindzano*. E: Mask of *msindzano*. F: *Gwéna* (eye pencil). G: *Vatou mogné* (natural pumice).



# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Figures

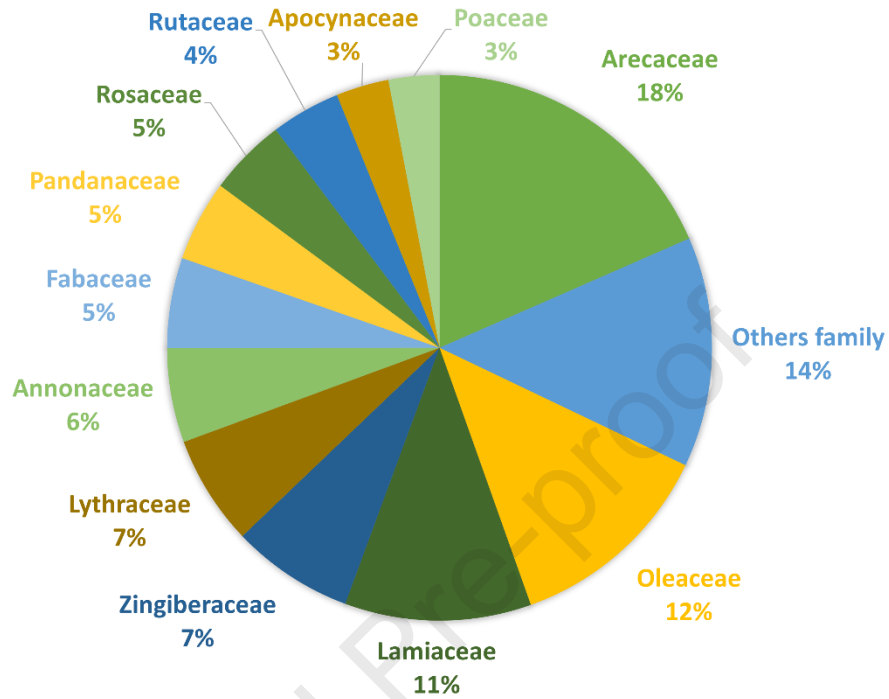
**Figure 4:** Most cited plant species and preparations used as cosmetics in our survey



# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

Figures

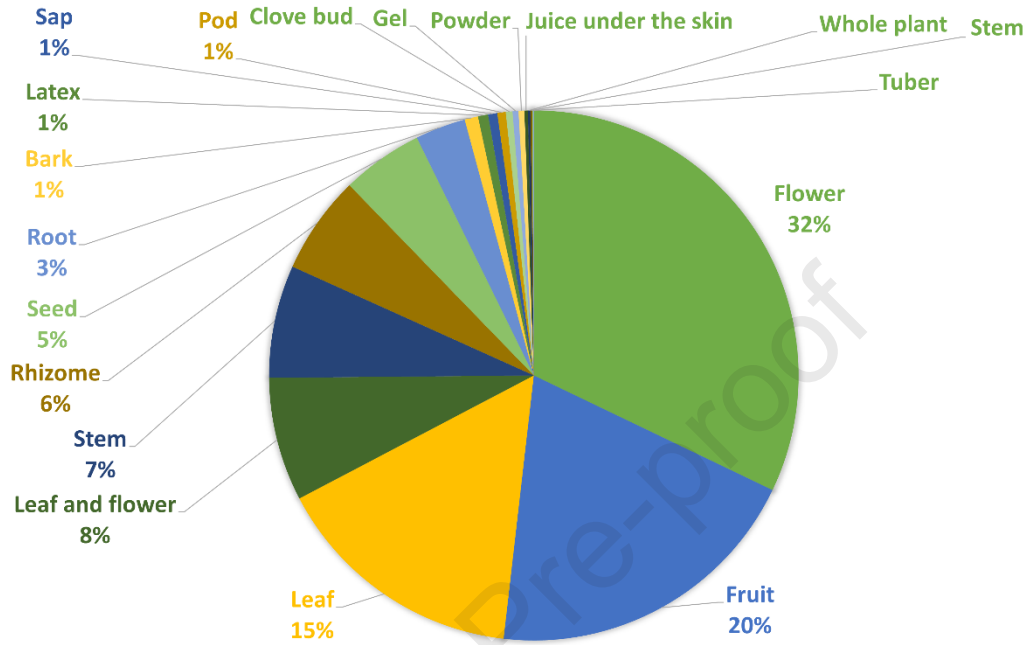
Figure 5: Frequency of citations of the most cited botanical families



# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Figures

**Figure 6:** Frequency of citations of all part of plants used in cosmetic recipes



Legend: Part of plants shown in the graph without number have a percentage of citation below 1%

# Exploring traditional cosmetic flora from Comoros islands: an ethnobotanical survey in Mayotte

## Highlights section

- This is the first survey focusing only on traditional cosmetics from Mayotte island
- A total of 35 traditional practitioners were interviewed across the island
- 470 cosmetic recipes representing 1777 use reports were recorded
- 83 plant species were identified

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The author is an Editorial Board Member/Editor-in-Chief/Associate Editor/Guest Editor for *[Journal name]* and was not involved in the editorial review or the decision to publish this article.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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